

## Adaptive Remodeling Solutions, LLC



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### November/December 2016

Hello and Happy Autumn!

What a lovely time of year - we've truly enjoyed time outdoors, (now that the mosquitoes are gone), and a recent trip to a pumpkin patch with our now six month old grandson was just a treat! We've been entertained watching the squirrels preparing for winter, we guess it's time for us to do the same.

We're thinking that you're as ready as we are for daylight savings time... with the days getting shorter and shorter, it seems that we run out of time to get things done! With the holiday season approaching quickly, combined with the fall/winter darkness, here are a few things to consider for this time of year.

We just installed some new motion sensor lighting by our driveway - it is so helpful to have when arriving home from work; or going to an evening event - it truly brightens up the area and makes it obviously easier to see any obstacles that may be in the way, and also feels more secure. With a variety of these lights available, this is an easy project to complete, and will look great as well.

As long as you can see those walkways, make sure they're clear of debris/clutter - avoid the possibility of falling as much as possible! Perhaps adding a railing or easier access entryway will help too.

Are you ready for unexpected visitors that often appear during this season? Again, some of the small repairs or upgrades can make a big difference, not only to keep you and your guests safe, but to show them that you know how important it is to keep your home well maintained. In the bathroom, it may be as simple as

replacing that old toilet or sink/vanity unit, or upgrading your faucet. Do you have grab bars in place around the toilet/shower unit? The newest grab bars are really quite pretty - are made to blend in nicely in any bathroom, and can double as a towel bar. (Just don't use your towel bar as a grab bar!) Your holiday guests will be impressed by some very simple modifications, and again, the biggest reason is for your safety, and the safety of everyone that visits.

One more thing - as pretty as those throw rugs are - you know the ones with snowmen, or holly, or cardinals... Please consider not adding them to your décor. Throw rugs are one of the most common causes of falls in your home - they're so easy to trip over! If you really need to have a rug, choose a flat/no pile rug, that has a grip-type bottom, and place strategically that you don't have to step over it constantly.

We wish you all the best Holiday Season, and really do appreciate your loyalty! As always, if you want to run an idea past us or discuss any home modifications, we look forward to talking with you.

Thanks for reading,

*Becky & Blaine*

Becky and Blaine Rogers

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